

Monthly Guide -Month 5- Putting

Track your progress as an Apprentice in the fifth month by checking each activity you complete throughout each week.

Week 1 –THE STROKE Straight Back in the Backswing

Putting Intro

Done	Action	Description
<input type="checkbox"/>	Watch Video	The importance of Putting Video – Left Hand Low

Upcoming Tele-seminar Info

Done	Action	Description
<input type="checkbox"/>	Mark Calendar	Mark day/time November 13th

DVD Clips

Done	Action	Description
<input type="checkbox"/>	Watch Clip	Watch the Putting Performance DVD clip

Practice Drills

Done	Action	Description
<input type="checkbox"/>	Watch Drill	1. 2 Clubs Parallel Drill
<input type="checkbox"/>	Practice Drill	3 or 4 times this week anywhere
<input type="checkbox"/>	Watch Drill	2. Warming Up on the Side of the Green
<input type="checkbox"/>	Practice Drill	Practice this on before a round.
<input type="checkbox"/>	Watch Drill	3. Swing Clubhead Parallel to Your Toe Line
<input type="checkbox"/>	Practice Drill	This drill is most effective on a practice green.
<input type="checkbox"/>	Watch Drill	4. No Wrists in the Backswing
<input type="checkbox"/>	Practice Drill	Try this one anywhere you can swing the putter.

Assignment 1

Done	Action	Description
<input type="checkbox"/>	Fill Out	Guide for Swinging the Putter Straight Back Game : 3, 6, 9, 12 footers routine

Week 2 – THE STROKE Straight Down in the Downswing

Upcoming Tele-seminar Info

Done	Action	Description
<input type="checkbox"/>	Mark Calendar	Mark day/time October 16th

Breakdown Sessions

Done	Action	Description
<input type="checkbox"/>	Watch Session	More details on Putting downswing: <ul style="list-style-type: none"> o Right shoulder tilting in backswing – not turning o Eyes over the line behind the ball - not in front and not on top o Clubface square in backswing - not open or closed o Shoulders square – not open or closed

Practice Drills

Done	Action	Description
<input type="checkbox"/>	Watch Drill	5. Checking Your Clubface and Pose
<input type="checkbox"/>	Practice Drill	Practice it till you are sure you have it down.
<input type="checkbox"/>	Watch Drill	6. Follow the String to the Hole
<input type="checkbox"/>	Practice Drill	Try it on the practice green a couple times.
<input type="checkbox"/>	Watch Drill	7. Practice with a Straight Edge
<input type="checkbox"/>	Practice Drill	Do this one a few times – not too much!
<input type="checkbox"/>	Watch Drill	8. 1/3 Backswing 2/3 Follow Through
<input type="checkbox"/>	Practice Drill	Experiment on your own with different lengths.

Assignment 2

Done	Action	Description
<input type="checkbox"/>	Fill Out	Is your putting off from distance or direction?

Weeks 3 and 4 are on the next page...

Monthly Guide (continued...)

Week 3 – Reading Greens Are You're a Bold Putter or Lag Putter?

DVD Clips

Done	Action	Description
<input type="checkbox"/>	Watch Clip	Watch this Putting Performance DVD clip

Practice Drills

Done	Action	Description
<input type="checkbox"/>	Watch Drill	1. Watch Every Putt as it Passes the Hole
<input type="checkbox"/>	Practice Drill	Try it 20 to 30 times next time out.
<input type="checkbox"/>	Watch Drill	2. Tracking Your Putts in the Hole Before You Hit
<input type="checkbox"/>	Practice Drill	For the practice green – not the course!
<input type="checkbox"/>	Watch Drill	3. Practicing with a Tee or Quarter
<input type="checkbox"/>	Practice Drill	Try this a couple times this week
<input type="checkbox"/>	Watch Drill	4. Pick Out a Blade of Grass
<input type="checkbox"/>	Practice Drill	20 times on practice green and the course

Upcoming Tele-seminar Info

Done	Action	Description
<input type="checkbox"/>	Mark Calendar	Mark day/time November 13th

Assignment 3

Done	Action	Description
<input type="checkbox"/>	Fill Out	Routine Putting Practice

Week 4 – Is it Distance or Direction?

Tele-seminar

Done	Action	Description
<input type="checkbox"/>	Listen/Interact	Tele-seminar on PUTTING – November 13 th , 2007

Breakdown Session

Done	Action	Description
<input type="checkbox"/>	Watch Session	More details on the stroke from impact to follow through: <ul style="list-style-type: none"> o Left shoulder tilts up in follow through - not open o Clubface square at impact and follow through – not open o Release wrists after impact – Don't Hold On!

Practice Drills

Done	Action	Description
<input type="checkbox"/>	Watch Drill	5. Guess How Far Your Putts Are
<input type="checkbox"/>	Practice Drill	Try this a half dozen times on the practice green.
<input type="checkbox"/>	Watch Drill	6. Greatest Putting Tip Ever Given
<input type="checkbox"/>	Practice Drill	High in the Back, Low in the Front
<input type="checkbox"/>	Watch Drill	7. Capital Y in the Backswing
<input type="checkbox"/>	Practice Drill	6 to 8 times each morning in your living room
<input type="checkbox"/>	Watch Drill	8. Capital Y in the Downswing
<input type="checkbox"/>	Practice Drill	6 to 8 times each morning in your living room

Assignment 4

Done	Action	Description
<input type="checkbox"/>	Fill Out	Tracking your play